

**How to prepare for your visit to
Gilsland Farm Audubon Center
20 Gilsland Farm Road, Falmouth, ME**



Hello! We are excited to host you and your group at Gilsland Farm. Here is some information to help you and your students prepare:

Field Groups: Please split your group or class into groups of 10-12 students prior to your arrival at Gilsland Farm. Each group will be assigned one Maine Audubon educator to lead their field study. Name tags are helpful but not necessary.

Chaperones: Please arrange the necessary amount of chaperones to support your field trip. Each field group must be accompanied by at least one other adult in addition to your Maine Audubon educator. Please read and distribute the *Chaperone Information Sheet* to your grownups.

Attire: Regardless of the season, all field trips to Gilsland Farm include a nature walk outdoors for at least 30 minutes (unless there are severe weather conditions). Please make sure students come with the necessary layers to stay warm. In the winter, this includes jackets, boots, mittens, and hats. Students should wear footwear that is comfortable and sufficient for walking on trails. Other items students should bring are rain jackets, water bottles, sun hats and sunscreen, if sunny.

Bathroom: There are bathrooms available at Gilsland Farm, but students are encouraged to use a bathroom prior to arrival in order to maximize time together.

Lunch: Groups are welcome to bring their lunch and stay to eat. If the weather is warm, groups can enjoy the picnic tables and field. If it's too cold, there is plenty of indoor floor space where students can spread out. Please let the registrar or program coordinator know in advance.

Accommodations: Please let the registrar or program coordinator know in advance if you need any accommodations.

Contact: Please contact [Emma Palmer](mailto:epalmer@maineaudubon.org) with any questions or concerns, at epalmer@maineaudubon.org