

Trails

The main trailhead is just outside the Visitor Center, about 40 feet from the main entrance. From here, you can access all the trail spurs and junctions as well as these principal trail loops:

West Meadow (.7 miles)

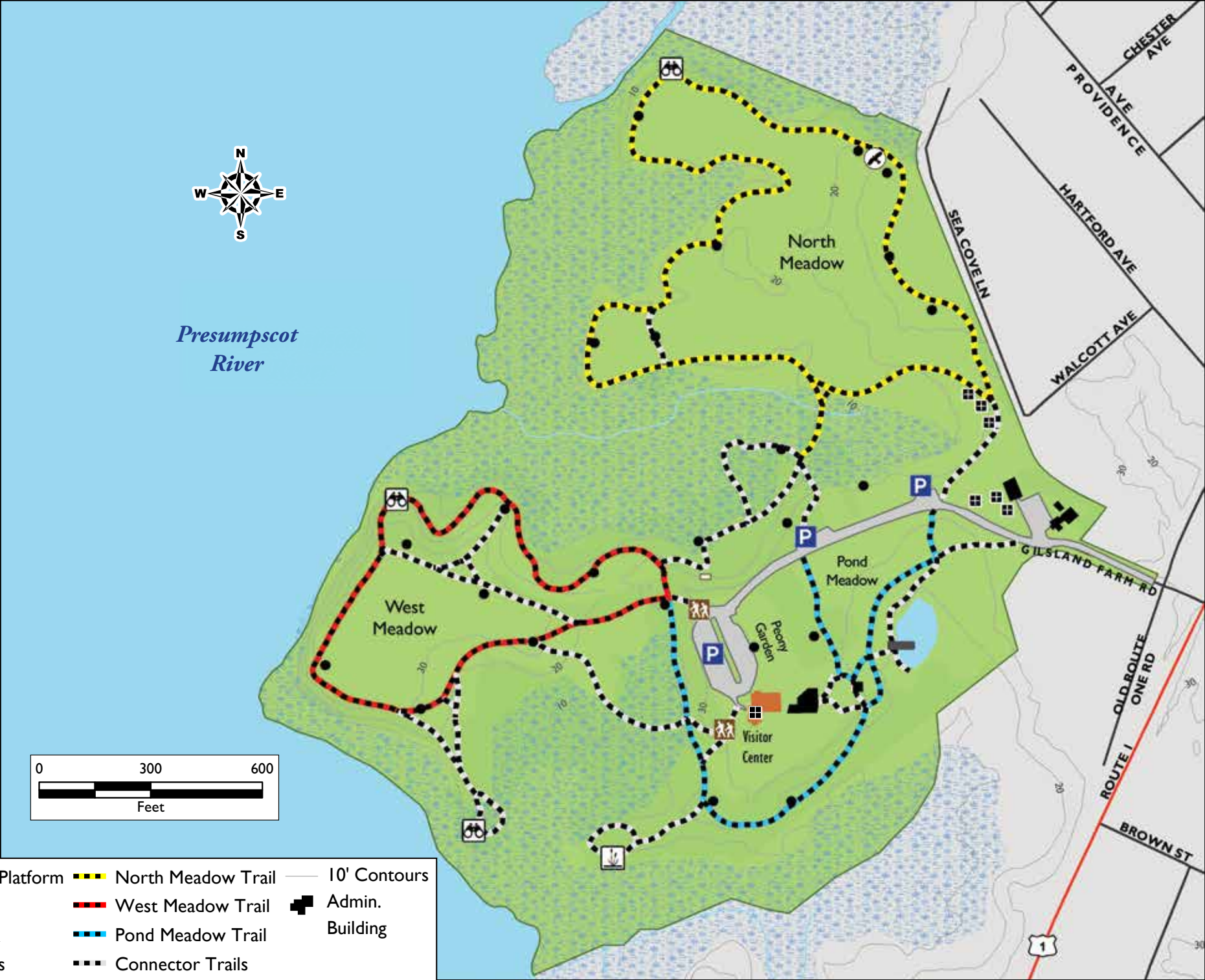
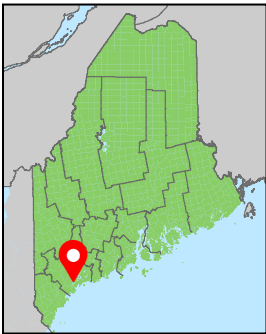
This walk encircles the rolling West Meadow with its high bluffs overlooking the Presumpscot Estuary. Follow the signs from the main trailhead through a small forested wetland and out into the field. Two areas accessible by spur trails, offer secluded spots to see wintering waterfowl as well as flocks of migrant shorebirds gathering on the tidal mudflats.

Pond Meadow (0.6 miles)

To see the greatest diversity of habitat, take the Pond Meadow Trail. Pockets of mature red oak and hemlock that date back a century or more are interspersed with stands of Red Maple, Ash, White Birch, and Trembling Aspen. Through the woods just below the former apple orchard, the trail leads down to the pond where muskrat and wetland birds live and feed.

North Meadow (1.2 miles)

From the Visitor Center, take the driveway, and at the turnout halfway down the driveway, bear left through a grove of mature oaks and hemlocks and into the North Meadow. Mowed every other year in late fall after the nesting Bobolinks and Meadowlarks have fledged their young, and sparrows have migrated, this meadow provides winter forage for Canada Geese and hunting grounds for birds of prey.



Situated along the Presumpscot River estuary five minutes from Portland, Maine Audubon's headquarters features a visitor center and a 65-acre sanctuary with a variety of habitats including a pond, forest, meadow, orchard, and salt marsh. The trails, which are free for the public to explore, are ideal for nature study, wildlife-watching, walking, sketching, snowshoeing, and cross-country skiing.

An invaluable resource for communities in southern Maine, Gilsland Farm Audubon Center hosts public programs year-round for adults and children. The center includes a Nature Store, Children's Discovery Room, and Teacher's Resource Center, and is available to rent for meetings or special events. Nature-themed art exhibits are on display in the gallery, and demonstration gardens showcase native plants.

Ruth Moulton Freeman and her family donated the land that is now Gilsland Farm to Maine Audubon, the people of Falmouth, and of Maine, in a series of gifts starting in 1974 as a living memorial to her father, David Moulton.

Maine Audubon manages wildlife sanctuaries in the unceded homeland and territory of the indigenous nations of the Abenaki, Penobscot, Passamaquoddy, Maliseet, and Mi'kmaq, where barriers to the rights, access, and heritage of these nations persist. Maine Audubon strives to care for these lands and the communities the land supports in partnership with the people and cultures it has displaced, and recognizes these tribal governments as distinct, sovereign, legal, and political entities with their own powers of self-governance and self-determination.

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Thank you for visiting a Maine Audubon wildlife sanctuary.

Maine Audubon works to conserve Maine's wildlife and wildlife habitat by engaging people of all ages in education, conservation, and action.

Your support is crucial to our work on behalf of Maine's wildlife and habitat. Please visit maineaudubon.org/join to become a member today.

Dogs, even while leashed, are not allowed in our wildlife sanctuaries, as their presence can be disruptive to wildlife.

Gilsland Farm Audubon Center
20 Gilsland Farm Rd., Falmouth ME
207.781.2330

Visitor Center and Nature Store Hours
Hours vary seasonally. Please check the website or call for the most up-to-date times. Trail use is free and open to the public year-round, dawn to dusk.

Learn more at:
maineaudubon.org/visit/gilsland-farm

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20 Gilsland Farm Road
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maineaudubon.org

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MAINE AUDUBON Gilsland Farm Audubon Center

Falmouth, Maine

— Trail Guide —

Visit all of Maine Audubon's sanctuaries:

Borestone Mountain, Ellitsville
East Point, Biddeford Pool
Fields Pond, Holden
Gilsland Farm, Falmouth
Hamilton, West Bath
Mast Landing, Freeport
Josephine Newman, Georgetown
Scarborough Marsh, Scarborough