Mast Landing Audubon Sanctuary is both a wildlife sanctuary and conserved land. These rules and regulations have been adopted to allow for appropriate use of the land by the public, while protecting the land in its natural state to serve as a wildlife refuge.

Mast Landing Audubon Sanctuary is open from sunrise to sunset; the sanctuary is closed from sunset to sunrise.

To protect wildlife and the natural environment at Mast Landing Audubon Sanctuary, the following activities are not permitted:

- No dogs or other pets (except service animals for people with disabilities)
- No motorized vehicles or bicycles on the trails or open spaces (exception for motorized wheelchairs or related equipment needed by individuals with disabilities)
- No fires, barbecues, cook stoves, fireworks, or smoking
- No firearms or hunting; no trapping
- No camping or overnight use
- No firearms or hunting; no trapping
- No collecting of plants or natural features of the site
- No tree climbing
- No flying of drones
- No geocaching
- No alcoholic beverages or illegal drugs
- No RVs, campers, or other vehicles overnight in parking lot
- No commercial activities, advertising services, installing posters, or conducting business

Please contact the Director of Properties at Maine Audubon if you have more specific questions about use restrictions at Mast Landing Audubon Sanctuary. Written exemptions may be granted for educational or research purposes, at the sole discretion of Maine Audubon.

Allowable uses at Mast Landing Audubon Sanctuary include:

- Walking and hiking
- Picnicking (carry in, carry out)
- Wildlife observation
- Birdwatching
- Fishing
- Cross country skiing, snowshoeing

It is difficult to identify all possible uses. For questions about uses not listed here, please contact the Director of Properties at 207-781-2330 x204.